

# RESEARCH STUDY OF A COMPUTERIZED COGNITIVE TRAINING PROGRAM FOR ADOLESCENTS WITH VCFS

Dr. Wendy R. Kates  
SUNY Upstate Medical University, Department of Psychiatry

We are conducting a study of the usefulness of a computer-based cognitive training program for adolescents with VCFS, and we would like to invite your child to participate. We are studying adolescents between the ages of 12 and 16. If you are interested, your child's participation in this study will contribute to our knowledge of the usefulness of computer-based programs designed to improve memory and attention skills in VCFS.

You will be asked to bring your child to Syracuse for 4 assessments, each about nine months apart, over two years. Each assessment will take about a half a day. Participants outside the Central New York area will be partially reimbursed for travel expenses. At the second assessment, your child will receive a laptop computer to take home in order to participate in the computer-based training program designed to improve memory and learning. We will ask your child to participate in three training sessions per week for six to nine months. Each session will take about 45 minutes. A cognitive coach at our center will work with your child, via videoconferencing software (e.g. Skype), as he or she participates in each computer-based training session. All training sessions will be scheduled at the convenience of you and your child. They can take place after school, in the early evening or on the weekend.

Each child who participates in the study will receive a check for \$10 for each session of training completed.

If you are interested in participating, please contact:

Jo-Anna Botti  
Research Coordinator  
Department of Psychiatry  
SUNY Upstate Medical University  
750 East Adams Street  
Syracuse, New York 13210  
Phone: 315-464-3268  
[bottij@upstate.edu](mailto:bottij@upstate.edu)